

---

A G.M.P. CERTIFIED COMPANY



SIDHESWARA  
DRUGS

**THERAPEUTIC INDEX**

---



# PROLOGUE

---

Rasashastra is the ancient branch of wisdom which explains the theory and practice of chemotherapeutics in Ayurveda. It is the sharp tool of Ayurvedic Physician to tackle acute and complicated diseases. Wherever the herbal therapy is handicapped to deal the situation there the Rasa drugs can be administered with success and safety. The latest research coming up in the modern pharmaceutical field is pinpointing the importance of metal to be involved in drug design. The thought of boosting the effect of Antibiotics with silver nanoparticles is an example of that.

Logical use of Rasa drugs is very safe and effective as far as our trails in the clinics are concerned. The big hurdle in this area is to get genuine drugs which are prepared with caution and experience. The Rasa drugs coming from "Sidheswara Drugs" ensure the safety and efficacy as it delivered from the house of experience of generations, Nechiyil family the Traditional Siddha School of Kerala.

We are humble to be with you to offer these effective tools to boost your classical Ayurvedic clinic practice. Do not hesitate to contact any of our fellows to get more details about our drugs.

Thanking you for your patronage and wish to extend it for the the bright future of Ayurveda.

With Warm Regards

**Prof & Dr.Sasikumar Nechiyil M.D (Ay)**  
CEO Sidheswara Drugs



# INDEX

PAGE 1

## BHASMA AND SINDOORA

1. ABHRA BHASMAM
2. ANDA BHASMAM
3. ANNABHEDI SINDOORAM
4. GAIRIKA BHASMAM
5. GANDHAKA BHASMAM
6. HINGULA BHASMAM
7. KANMADA BHASMAM
8. KANTHA BHASMAM
9. LOHA BHASMAM
10. MANDOORA BHASMAM
11. NAGA BHASMAM
12. PRAVALA BHASMAM
13. RAJATHA BHASMAM
14. SANKHA BHASMAM
15. SPHATIKA BHASMAM
16. SUKTHI BHASMAM  
(MUKTHASHUKTHI)
17. SWARNA BHASMAM
18. SWARNA MAKSHEEKA  
BHASMAM
19. SWAYAMAGNI BHASMAM
20. TAMRA BHASMAM
21. TANKANA BHAMAM
22. TRIVANGA BHASMAM
23. VANGA BHASMAM
24. YASADA BHASMAM

PAGE 13

## KHALWI RASAYANA

1. AMAVATARI RASAM
2. AROGYAVARDHINI RASAM
3. ARSAKUTHARA RASAM
4. BRIHAT VANGESWARA RASAM
5. BRIHAT VATA CHINTAMANI  
RASAM
6. HRIDAYARNAVA RASAM
7. JAYAMANGALA RASAM
8. KRIMIMUDGA RASAM
9. LAKSHMI VILASA RASAM
10. LOKANATHA RASAM
11. NAVA JEEVANA RASAM
12. NAVAYASA LOHAM
13. SAPTHAMRITHA LOHAM
14. SIRASOOLADI VAJRA RASAM
15. SOORYAPRABHA VATI
16. SOOHA SHEKHARA RASAM
17. SUVARNAMALINI VASANTHA  
RASAM
18. SWASAKUTARAM
19. SWASANANDAM
20. TRIBHUVANAKEERTI RASAM
21. VATAGAJANKUSHA RASAM
22. VETTUMARAN GULIKA

PAGE 23

## KUPIPAKWA RASAYANA

1. RASA SINDOORAM
2. RASAMANIKYAM
3. SAMEERA PANNAGA RASAM
4. SIDHAMAKARADHWAJAM
5. SWARNA VANGAM

PAGE 25

## VATIKA

1. AGNITUNDI VATI
2. CHANDRAPRABHA VATI
3. KAISHORA GUGGULU
4. KAMADUDHA RASAM
5. KHADIRADI VATI
6. KOSHATAKYADI GULIKA
7. MAHADHANWANTHARAM GULIKA
8. MAHAYOGARAJA GUGGULU
9. MANASAMITHRA VATAKAM
10. PRABHAKARA VATI
11. RAJAPRAVARTHINI VATI
12. RASABHRA GUGGULU
13. SANKHU VATI
14. YOGARAJA GUGGULU

PAGE 32

## PARPATI

1. KSHARA PARPATI
2. RASA PARPATI

PAGE 33

## SIDHESWARA PATENTS

1. MAYURA LEPAM
2. VICHARCHIKARI LEPAM

PAGE 34

## PISHTI

1. MUKTHASUKTHI PISHTI
2. PRAVALA PISHTI

PAGE 35

## ARKAM AND LAVANAM

1. ARKA LAVANAM
2. KALYANA KSHARAM
3. NALIKERA LAVANAM

# BHASMA & SINDOORA

## ABHRA BHASMAM

(Ref. Rasaratna Samuchayam)

**INGREDIENTS** : Purified black mica (Biotite)

**INDICATION** : Diabetes, Dyspnoea, Cough, Anemia  
Hemorrhagic conditions, Nerve tonic, Kshaya Kasa, Oja Kshayam

**DOSE** : 100mg to 400 mg

**PRESENTATION** : 200mg x 10, 10g, 50g, 100g, 500g

**ADJUVANT** : Diabetes - Turmeric juice/Juice of Amalaki/Takra; Cough, Dyspnoea, Kshaya Kasa, Oja Kshayam -Betel juice/butter/ghee/honey  
Anemia, Hemorrhagic conditions - Honey



## ANDA BHASMAM

(Ref. Ayurveda sara samgraha)

**INGREDIENTS** : Kukkudanda Twak, Changeri

**INDICATION** : Osteoporosis, Leucorrhoea, UTI, Arthritis, Head ache, Mood swings

**DOSE** : 200mg

**PRESENTATION** : 200mg x 10, 10g

**ADJUVANTS** : Milk, Butter.



## ANNABHEDI SINDOORAM

### KASEESA BHASMAM (Ref. Rasaratna Samuchayam)

**INGREDIENTS :** Purified green vitreol

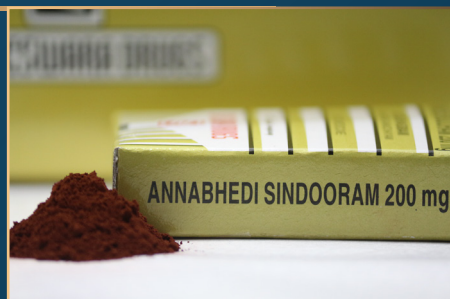
**INDICATION :** Anemia, Jaundice,  
Oedema, Gastritis, Skin Diseases,  
Leucoderma, Urticaria, Abscess,  
Vata raktam

**DOSE :** 100mg to 400mg.

**PRESENTATION :** 200mg x 10,  
10 g, 50g, 100g, 500g

**ADJUVANTS :** Gastritis, Urticaria,  
Abscess, Vata raktham- ginger juice  
and honey Skin diseases,  
leukoderma- Tulasi juice and honey

**ANTIDOTE :** Butter milk



## GAIRIKA BHASMAM

(Ref. Rasatarangini)

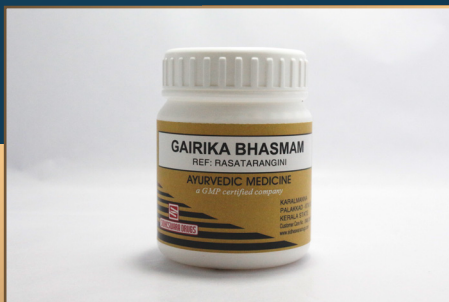
**INGREDIENTS :** Purified - ochre

**INDICATION :** Stomatitis, Pandu.

**DOSE :** 200mg - 400mg

**PRESENTATION :** 10g

**ADJUVANTS :** Honey & Butter



## GANDHAKA BHASMAM



(Ref. Rasatarangini)

**INGREDIENTS :** Purified Sulfur

**INDICATION :** Erysipelas, Leprosy, Abscess, Vata raktam, Fistula in - ano, Chronic ulcers, Worm trouble, Apachi, Otitis, Tooth ache, Fever, Sinusitis.

**DOSE :** 50mg to 200 mg.

**PRESENTATION :** 100mg x 10, 10g, 50 g, 100g, 500g

**ADJUVANT :** Milk, Honey, Ginger juice.

**DIET & REGIMEN :** Avoid cold foods, mustards, gingelli oil Include milk in diet

**ANTIDOTE :** Milk and Ghee.

## HINGULA BHASMAM

(Ref: Rasaratna samuchayam)

**INGREDIENTS :** Purified cinnabar.

**INDICATION :** Fever, Cough, Dyspnoea, Soola, Chronic ulcers, Sinus ulcers, Fistula - inano, erysipelas, Abscess, Vata raktam.

**DOSE :** 50mg to 200mg

**PRESENTATION :** 100mg x 10, 10g, 50g, 100g , 500g.

**ADJUVANTS :** Fever - ginger juice, betel juice, honey. Cough - tulasi juice and honey. Dyspnea - with ginger juice and honey. Soola - with butter.



## KANMADA BHASMAM



(Godanti bhasmam)  
(Ref. Rasaratna samuchayam)  
(In Kerala school, gypsum is considered as karpooora silajatu)

**INGREDIENTS:** Purified gypsum

**INDICATION :** Diabetes,  
Burning micturition, Head ache,  
Oedma, Insomnia, Leucorrhoea,  
Skin trouble with Swelling.

**DOSE :** 125mg to 250 mg

**PRESENTATION :** 200mg x 10,  
10g, 50g, 100g, 500g.

**ADJUVANT :** Diabetes - luke warm water.  
Burning micturition, Leucorrhoea- butter  
Gastritis, Head ache, Visarpam,  
Oedema- Honey and tulasi juice  
Insomnia - milk in high dose [400mg]

## KANTHA BHASMAM

(Ref. Rasatarangini)

**INGREDIENTS :** Purified Iodestone  
(Magnetite)

**INDICATION :** Anemia, Colic pain,  
Gastritis, Jaundice, Liver diseases,  
Spleen disorders, Dysmenorrhoea,  
Rakthagulman, Ascites, Peenasam.

**DOSE :** 125 mg to 500mg

**PRESENTATION :** 200mg x 10,  
10g, 50g, 100g, 500g

**ADJUVANTS :** Ginger juice,  
Lemon juice, Honey.

**CONTRAINDICATION :** pregnancy



## LOHA BHASMAM

(Ref. Rasaratna Samuchayam)

**INGREDIENTS** : Purified Iron

**INDICATION** : Anemia, Jaundice, Colic, Liver diseases, Spleen disorders, Skin troubles, Obesity.

**DOSE** : 125 mg to 500 mg

**PRESENTATION** : 200mg x 10, 10 g, 50g, 100g, 500g.

**ADJUVANT** : Ginger juice, lemon juice, honey.

**ANTIDOTE** : Durva juice  
[Cynodon dactylon (Linn.) Pers].



## MANDOORA BHASMAM

(Ref. Rasatarangini)

**INGREDIENTS**: Purified iron oxide  
[Natural mineral of iron]

**INDICATION** : Anemia, Oedema, Jaundice, Gastritis, Peptic ulcers, Sprue, Mritbhakshana janya pandu, worm trouble, Anemia & Oedema in pregnancy.

**DOSE** : 125mg - 500mg

**PRESENTATION** : 200mg x 10, 10g, 50g, 100g, 500g.

**ADJUVANT** : With lemon juice, honey.  
Worm trouble - vizhalari churnam + honey  
Pregnancy related oedema - Pravala bhasmam



## NAGA BHASMAM

(Ref. Rasaratna samuchayam)

**INGREDIENTS:** Purified lead

**INDICATION :**

Diabetes, Gulmam, Piles, Diarrhea,  
Dysentery, Sprue, Soola.

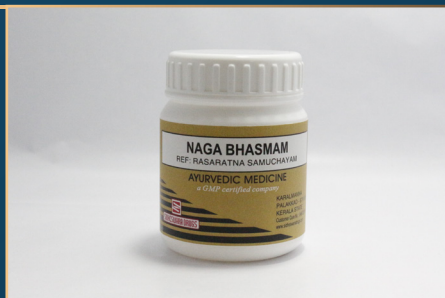
**DOSE :** 60 - 125mg

**PRESENTATION :** 125mg x 10,  
10g, 50g, 100g, 500g

**ADJUVANT :** Ginger juice and honey.

**CONTRA INDICATION :** Pregnant ladies and  
children

**ANTIDOTE :** One spoon Nirgundi juice [Vitex  
negundo] with turmeric powder and honey two  
times per day. Give continuously only for one  
week. If necessary continue after a week.



## PRAVALA BHASMAM

(Ref. Rasaratna samuchayam)

**INGREDIENTS :** Purified red coral.

**INDICATION :** Cough, Dyspnoea,  
Oedema, Burning Micturition, Heart  
diseases, Jaundice Vomiting,  
Eye diseases, Pulmonary tuberculosis,  
Hemorrhagic diseases,  
Pulmonary lesion, Urticaria.

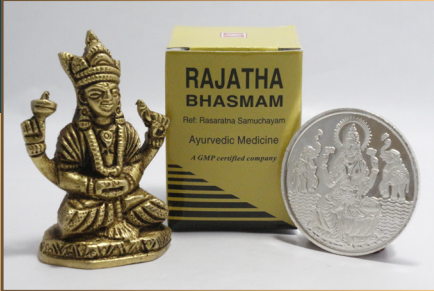
**DOSE :** 50 - 200mg

**PRESENTATION :** 100mg x 10,  
10g, 50g, 100g, 500g.

**ADJUVANTS :** Trikatu choornam,  
Tulasi juice, Ginger juice, Honey



## RAJATHA BHASMAM



(Ref. Rasatarangini)

**INGREDIENTS** : Rajatha, Arka Ksheera

**INDICATION** :

Chronic Respiratory Tract infections, Male infertility, Oligospermia, Parkinsonism, Uterine disorders, Epilepsy, Cardio vascular disorders, Ojokshaya, Rasayana.

**DOSE** : 20mg

**PRESENTATION** : 20mg x 10, 10g

**ADJUVANT** : honey, butter, Milk, Pomegranate juice

## SANKHA BHASMAM

(Ref. Rasatarangini)

**INGREDIENTS**: Purified conch shell

**INDICATION** : Gulmam, Gastritis, Colic, Indigestion, Heart diseases, Vomiting, Cough, Dyspnoea, Headache.

**DOSE** : 100mg - 400mg

**PRESENTATION** : 200mg x 10, 10 g, 50g, 100g, 500g.

**ADJUVANT** : Warm water, Jeeraka water, Rice water



## SPHATIKA BHASMAM



(Ref. Rasatarangini)

**INGREDIENTS :** Sphatika choorna, Suddha Gandhaka, Nimboo swarasa.

**INDICATION :** Balya, rakthapitta, jwara, daha.

**DOSE :** 250 mg - 400mg

**PRESENTATION :** 5g, 10g bottle

## SUKTHI BHASMAM (MUKTHASHUKTHI)

(Ref. Rasatarangini)

**INGREDIENTS :** Purified shell of Pearl oyster

**INDICATION :** Cough, Dyspnea, Pulmonary tuberculosis, Heart diseases, Gastritis, Sprue, Eye diseases, Burning micturition for calcium.

**DOSE :** 125 mg to 500 mg

**PRESENTATION :** 250mg x 10, 10g, 50g, 100g, 500g

**ADJUVANTS :** Ginger juice and honey. Eye disease - milk.



## SWARNA BHASMAM

(Ref. Rasaratnasamuchayam)

**INGREDIENTS:** Purified gold  
(24 Carat)

**INDICATION :**

Dyspnoea, Pulmonary tuberculosis,  
Nervine tonic, Epilepsy, Insanity,  
Oja kshayam, Fever, Vata raktam,  
Rasayanam, Vajeekaranam.

**DOSE :** 20mg - 60mg

**PRESENTATION :** 1g, 500mg

**ADJUVANT :** Honey, Ghee, Butter,  
Medicated Ghee.

**ANTIDOTE :** Hareetaki churnam with  
warm water.



## SWARNAMAKSHEEKA BHASMAM

(Ref: Rasatarangini)

**INGREDIENTS :** Purified copper pyrites.

**INDICATION :** Oedema, Diabetes,  
Epilepsy, Insanity, Vata raktham, Nervine  
tonic, Chronic ulcers, Ascites, Jaundice,  
Erysipelas In Hemorrhagic disorders,  
in place of Swarna bhasmam

**DOSE :** 125mg - 250mg

**PRESENTATION :** 250mg x 10,  
10g, 50g, 100g, 500g

**ADJUVANTS :** Diabetes - oleander  
leaf juice, Pradaram, Vaginal diseases,  
Hemorrhagic diseases - butter



## SWAYAMAGNI BHASMAM

(Ref. Rasatarangini)

**INGREDIENTS** : Purified iron, Purified mercury and Purified sulfur.

**INDICATION** : Peptic ulcers, Gulmam, Flatulence, Gastritis, Liver diseases.

**DOSE** : 50mg - 200mg.

**PRESENTATION** : 100mg x 10, 10g, 50g, 100g, 500g.

**ADJUVANT** : Ginger guice + honey, curd water (masthu)



## TAMRA BHASMAM

(Ref. Rasaratna samuchayam)

**INGREDIENTS** : Tamra, Gandhaka, Kumari

**INDICATION** : Chronic fever, ovarian cysts, Uterine fibroids, Liver & Spleen Disorders

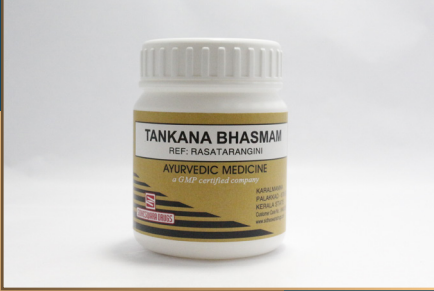
**DOSE** : 20mg

**PRESENTATION** : 10g

**ADJUVANTS** : Pepper powder and honey



## TANKANA BHASMAM



(Ref. Rasatarangini)

INGREDIENTS: Tankana

INDICATION :

Bronchitis, Asthma, Tonsillitis,  
Food Poisoning, oligomenorrhea,  
Amenorrhea.

DOSE : 250mg

PRESENTATION : 250mg x 10, 10g

ADJUVANT : Honey, Plain water

## VANGA BHASMAM

(Ref. Rasatarangini)

INGREDIENTS : Purified Tin

INDICATION : Diabetes - Tulasi juice,  
Turmeric juice; Utrine prolapse - Butter  
Cough, Dyspnea - Pepper power  
and honey.

DOSE : 75mg - 300mg

PRESENTATION : 150mg x 10,  
10g, 50g, 100g, 500g

ADJUVANT : Pregnant ladies,  
Children below 10 yrs



## YASADA BHASMAM



(Ref. Rasatarangini)

**INGREDIENTS :** Purified Zinc

**INDICATION :**

Diabetes, pulmonary tuberculosis, sprue, diarrhoea, dysentery, Piles, leucorrhoea, nasal polyp.

**DOSE :** 100mg to 200mg.

**PRESENTATION :** 200mg x 10, 10g, 50g, 100g, 500g.

**ADJUVANT :** Ginger juice, honey, butter, ghee.

# KHALWI RASAYANA

## ARSHAKUTHARA RASAM

(Ref. Rasendrasara Samgraham)

**INGREDIENTS :** Parada, Gandhaka, Loha Bhasmam, Tamra Bhasmam, Danti, Trikatu, Sooranam, Vamsharochana, Yavakshara, Saindhavam, Snuhi Ksheeram.

**INDICATION :** Piles, Varicose veins, Agnimandya, Udavartam.

**DOSE :** 1 pill twice a day

**PRESENTATION :** 50g bottle

**ADJUVANT :** Takra / Honey



## BRIHAD VANGESWARA RASAM

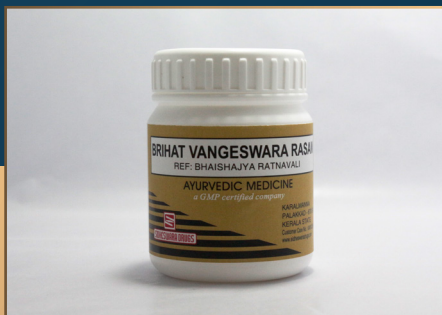
(Ref. Bhaishajya Ratnavali)

**INGREDIENTS :** Vanga Bhasmam, Parada, Gandhaka, Rajatha Bhasmam, Karpoora, Abhra Bhasmam, Swarna Bhasmam, Muktha Bhasmam, od briga raja swarasa.

**INDICATION :** Prameha, Prameha pitaka, Mutkrichra, Pandu, Dhatugatha Jwara, Halimaka, Rakthapitta, Ama dosha, Mandagni, Arochakam, Diabetic complications

**DOSE :** 1 capsule once or twice a day

**PRESENTATION :** 10 Nos



## BRIHAD VATHA CHINATMANI RASAM

(Ref. Rasaratna samuchayam)

**INGREDIENTS :** Swarna Bhasmam, rajatha Bhasmam, Abhra Bhasmam, Loha Bhasmam, Pravala Bhasmam, Muktha bhasmam, Rasa bhasmam,

**INDICATION :** Nerve Tonic, Herpe, Paralysis, facial palsy.

**DOSE :** 125mg per day

**PRESENTATION :** 125 mg x 10

**ADJUVANT :** Can be used with suitable Arishta, kashaya, Swarasa



## HRIDAYARNAVA RASAM

(Ref. Rasatarangini)

**INGREDIENTS :** Kajjali, Thamra bhasmam, Thriphala kashaya, Kakamachi swarasa

**INDICATION :** Cardiac problems

**DOSE :** one to two pills per day

**PRESENTATION :** 50g bottle

**ADJUVANTS :** Suitable kashaya, Arishta etc.



## JAYAMANGALA RASAM



(Ref: Bhaishjya Ratnavali)

**INGREDIENTS :** Suddha Parada, Suddha Gandhaka, Tankana, Tamra, Vanga, Makshika, Saindhava, Maricha, Swarna bhasmam, Dhattura swarasa.

**INDICATION :**

Jeerna jwara, Vishama jwara, Balapushtikara, Delirium and Coma, Heart Diseases

**DOSE :** 60mg - 120mg

**PRESENTATION :** 60mg x 10

**ADJUVANT :** Jeeraka powder, honey.

## KRIMIMUDGA RASAM

(Ref. Rasatarangini)

**INGREDIENTS:** Sudha parada, Suddha Gandhaka, Ajamoda, Vidanga, Suddha Visha mushti, Palasha beeja

**INDICATION :** Intestinal worms/ Krimiroma

**DOSE :** 1 tablet twice a day for 8 days

**PRESENTATION :** 50g bottle



## LAXMI VILASA RASAM



(Ref. Bhaishajya ratnavali)

**INGREDIENTS :** Purified mercury, Purified sulphur, Purified Vatsanabham [Aconitum ferox], Yavaksharam [Natural potassium carbonate], Sudha vishamushti seeds [Strychnos nux vomica - seed], Vidangam [Embelia ribes], Tankanam [borax], Chitrakam [Plumbago indica Linn.]

**INDICATION :** This Preparation is very effective to increase the Kayagni like shaddharanam. Effective in hepatic disorders, anorexia, indigestion, various bacterial infections of alimentary canal.

**DOSE :** 1 - 2 pills twice a day. Ginger juice and honey or can be swallowed with warm water.

**PRESENTATION :** 50g, 100g bottle. Weight of one pill - 80mg

**DIET & REGIMEN :** Avoid non vegetarian food.

## LOKANATHA RASAM

(Ref. Sharangadhara Samhita)

**INGREDIENTS :** Parada, Tankana, Gandhaka, Shankha, Varatika, Tamra bhasmam

**INDICATION :** Aruchi, Jwara, Kasa, Swasa, Rakthapitta, Swar kshaya, Atisara, Grahani, Mandagni, Shoola, Ajirna, Chardi, Hikka, Atisara, Kshaya, Vatarakatha

**DOSE :** 25mg

**PRESENTATION :** 25mg x 10, 10g

**ADJUVANTS :** Ushira vasa Kwatha with Madhu & Sarkara - Rakthapitta, Chardi, SwaraKshaya; Pippali churna + Madhu - Vataraktha; Guduci dhanyaka kwatha - Jwara



## NAVAJEEVANA RASAM

(Ref. Rasatarangini)

**INGREDIENTS:** Karaskara,  
Loha bhasma, Rasa sindooram,  
Maricha, Sunti, Pippali,  
Ardra swarasa

**INDICATION :**  
Deepana, Pachana,  
Vata raktham, Bala sanjanana,  
Improves sexual vigour.

**PRESENTATION :** 50g bottle

**ADJUVANT :** Milk



## NAVAYASA LOHAM

(Ref. Bhaishajya Ratnavali)

**INGREDIENTS :** Triphala, Trikatu,  
Musta, Vidanga, Chitraka,  
Loha Bhasmam

**INDICATION :** Prameha, Obesity, Skin  
diseases, Jaundice, Heart Diseases,  
Anaemia

**DOSE :** 1 tab twice a day

**PRESENTATION :** 50g bottle

**ADJUVANTS :** Takra



## SAPTHAMRUTHA LOHAM

(Ref. Bhaishajya Ratnavali)

**INGREDIENTS :** Madhuka, Thriphala, Loha bhasmam.

**INDICATION :** Timira, Soola, Amlapitta-Jwara, Sinusitis

**DOSE :** 1-2 tablets twice a day

**PRESENTATION :** 50g bottle

**ADJUVANT :** Ghee,Honey, Milk.



## SIRASOOLADIVAJRA RASAM

(Ref. Bhaishajyaratnavali)

**INGREDIENTS :** Purified mercury, Purified sulphur , Loha bhasmam, Tamra bhasmam, Guggulu, Dasamoola kashayam.

**INDICATION :** Headache. Toothache, Earache, Sinusitis, peenasam.

**DOSE :** One to two tablets per day.

**PRESENTATION :** 50g bottle

**ADJUVANTS :** Goat milk or with suitable kashayas.



## SURYAPRABHA VATI



(Ref. Sahasrayogam)

**INGREDIENTS :** Vatsanabha [Aconitum ferox ], Hingu, Purified mercury, Purified sulphur, Trikatu, Triphala, Bhavana in Lemon juice.

**INDICATION :** Fever [Navajwaram], Anorexia, Vomiting, Constipation due to indigestion.

**DOSE :** One pill twice a day

**PRESENTATION :** 10g, 50g bottle  
Weight of one pill - 180mg

**ADJUVANT :** ginger juice, lemon juice warm water

**ANTIDOTE :** Over dose may develop Aconitum toxicity. Borax is its antidote

## SOOTHA SEKHARA RASAM

(Ref. Rasatarangini)

**INGREDIENTS:** Suddha paradam, Suddha gandhakam, Suddha Vatsanabha, Swarna bhasma, Thamra bhasma, Maricha, Pippali, Dattura bija, Theja pathra, Nagakesara, Ilaychi beeja, Belagiri, Sankha bhasma, Kachooru, Bringaraja swarasa.

**INDICATION :** Amlapitta, Soola, Chardhi, Gulma, Kasa, Sangrahani, Daha, Athisara, Swasa, Mandagni, Udavartha.

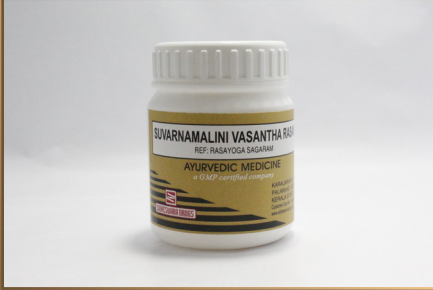
**DOSE :** 250mg

**PRESENTATION :** 10g, 50 g bottle.

**ADJUVANTS :** As directed by the physician.



## SUARNAMALINI VASANTAM



(Ref. Rasayoga sagaram)

**INGREDIENTS :** Swarna Bhasmam, Hingula, Gorochana, Abhra Bhasma, Keshar, Muktha Bhasma, Kharpar Bhasma, Mrigmad

**INDICATION :** Asthma, Sexual debility, Debility in general

**DOSE :** ½ to 1 tablet

**PRESENTATION :** 1gm phials

**DIET & REGIMEN :** Milk

## SWASAKUTARA RASAM

(Ref: Rasendra Sara Sangraham)

**INGREDIENTS :** Suddha parada, Suddha gandhaka, Suddha manasila, Suddha vatsanabha, Maricha, Tankanam, Trikatu.

**INDICATION :** Swasa, kasa, kaphaja jwara

**DOSE :** 1 twice a day.

**PRESENTATION :** 10g, 50 g bottle.

**ADJUVANTS :** Jeeraka water, Milk, Suitable kashaya & Arishta.



## SWASANANDAM GULIKA

(Ref. Arogyakalpadrumam)

**INGREDIENTS:** Purified hingula [Cinnabar], Purified vatsanabhi [Aconitum ferox], Camphor, Triphala kashayam.

**INDICATION :**  
Fever, Cough, Dyspnoea, Vata sopham.

**DOSE & ADMINISTRATION :**  
1-2 pills per day

**PRESENTATION :** 10g, 50 g bottle.  
Weight of one tab- 75 mg

**ADJUVANT :** Suitable kashayam and swarasam. In children- milk and sugar.



## TRIBHUVANAKEERTI RASAM

(Ref. Yogaratnakaram)

**INGREDIENTS :** Hingula, Vatsanabha, Shunti, Maricha, Pippali, Tankana, Bhavana with Tulasi juice, Dhatura leaf juice, Ginger juice.

**INDICATION :** Fever, Tonsilitis, Upper respiratory Tract Infections.

**DOSE :** 1 tab twice a day

**PRESENTATION :** 10g, 50g bottle  
Weight of 1 tablet 130 mg

**ADJUVANTS :** Ginger & Honey or warm water



## VETTUMARAN GULIKA

(Ref. Sahasrayogam)

**INGREDIENTS :** Purified Cinnabar, Vatsanabham [Aconitum ferox], Thankanam [Borax], Trikatu, Ginger juice

**INDICATION :** Fever, Indigestion, Cold, Head ache.

**DOSE :** One tab twice a day

**PRESENTATION :** 50g Bottle

**ADJUVANT :** Gingerjuice and honey

**ANTIDOTE :** Borax bhasmam with water or honey. Lemon juice with sugar.



## VATAGAJANKUSHA RASAM

(Ref. Bhaishajya ratnavali)

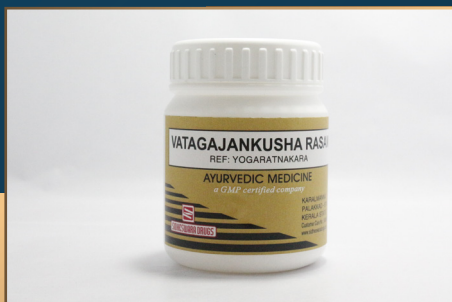
**INGREDIENTS :** Parada, Lauha Bhasma, Makshika Bhasma, Gandhaka, Harithala, Hareetaki, Shrungi, Vatsanabha, Maricha, Pippali, Shunti, Agnimantha, Tankana Bhasma

**INDICATION :** Grdhrasi, Kroshtukasheershaka, Avabahuka, Manystambha, Urusthambha, Hanusthambha, Pakshaghatha

**DOSE :** 125mg to 250 mg

**PRESENTATION :** 125mg x 10

**ADJUVANTS :** Milk



# KOOPIPAKWA RASAYANAM

## RASA SINDOORAM

(Ref. Rasatarangini)

**INGREDIENTS :** Purified mercury,  
Purified sulphur.

**INDICATION :** Can be given in all diseases with suitable anupana / media Good Rasayana & vajeekarana. Augments the effect of other bhasmas. In higher dose, acts as a pain killer. Churna, Swarasa, Ghritam etc can be used as Anupana. Continue upto 2 weeks with a dose of 75mg in adults.

**DIET AND REGIMEN :** Avoid 'Kavarga' in diet. Can be given in pregnant ladies also with Pathyakrama.



## SAMEERAPANNAGA RASAM

(Ref. Ayurveda Aushadha  
Guna shastra)

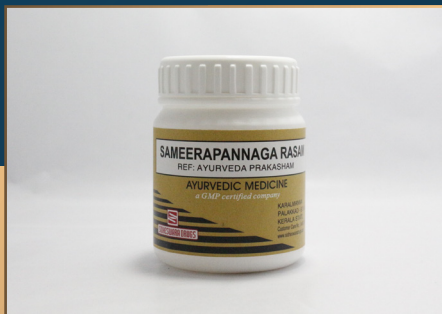
**INGREDIENTS :** Parada, Gandhaka,  
Malla, Haritala, Manashila.

**INDICATION :** Ama Vata, Asthma,  
Bronchitis, Ajeerna, Joint Diseases.

**DOSE :** 20mg

**PRESENTATION :** 20mg x 10.

**ADJUVANTS :** Honey +  
Pepper powder, Tulasi juice + Honey



## SIDHAMAKARA DHWAJAM

(Ref. Rasatarangini)

**INGREDIENTS :** Purified mercury,  
Purified gold, Purified Sulphur

**INDICATION :** Fever, Cough,  
Dyspnea, Pneumonia, Bronchitis,  
Chronic Headache, Paralysis,  
Facial palsy, Dhwaja bhangam,  
Impotency, Cancer, Chronic ulcer,  
Erysipelas, Mental disability.

**DOSE :** 50 - 300mg

**PRESENTATION :** 50mgx10

**ADJUVANTS :** Betel juice & honey.  
Vajeekarnam - Chaturjatam & Honey.



## SWARNA VANGAM

(Ref. Rasamruta)

**INGREDIENTS :** Vanga bhasmam,  
Shudha parada, navasadara,  
Gandhaka, Nimbu swarasam

**INDICATION :** Asthma, Bronchitis,  
chronic cough, Pradaram, Prameham,  
Arsha, Erysipelas, Mental disability.

**DOSE :** 100mg once or twice daily

**PRESENTATION :** 100mg x 10

**ADJUVANTS :** Turmeric juice &  
Honey, Milk, Butter



# VATIKA

## AGNITUNDI VATI

(Ref. Rasatarangini)

**INGREDIENTS :** Karaskara churna, Sowbhagya, Maricha, Loha bhasma, Suddha Gandhaka, Paradha.

**INDICATION :** Headache, Fever, Improves vigor and vitality, Sinusitis. Deha pushtikara, Pandu, Agnimandya

**DOSE :** 125mg twice a day.

**PRESENTATION :** 50 g bottle

**ADJUVANT :** Swallow with warm water



## CHANDRAPRABHA VATI

(Ref. Sahasrayogam)

**INGREDIENTS :** Purified silajathu, Swarna makshika bhasmam, Loha bhasmam, Guggulu etc.

**INDICATION :** Piles, Burning micturition, Prostate enlargement [B.P.H], Diabetes, Diseases of urinary bladder, Insomnia, Insanity, Leucorrhoea, Raktha pradaram, Asmari (urolithiasis)

**DOSE :** 1 - 2 tablets two times a day.

**PRESENTATION :** 50g bottle  
Weight of one tablet - 550mg.

**ADJUVANTS :** Suitable Kashayam/ milk/curd/ghee/honey/barley water.



## KAISHORA GUGGULU

(Ref. Bhaishajya Ratnavali)

**INGREDIENTS :** Guggulu, Triphala, Trikatu, Vidanga, Danti, Guduchi, Trivrit, Ghruta

**INDICATION :** Prameha, Prameha pidaka, Shopha, Vatarakta, Low back Pain, Knee joint Pain, Ulcers, Rasayana

**DOSE :** 1 tab twice a day

**PRESENTATION :** 50g bottle

**ADJUVANT :** Suitable Kashayas



## KAMADUDHA RASAM

(Ref. Ayurveda sara samgaraham)

**INGREDIENTS :** Muktha Bhasmam, Pravala pishti, Mukthashukthi Bhasmam, Kapardika bhasmam, Shank Bhasmam, Swarna Gairika, Guduchi Satwam

**INDICATION :** Jwara, Amlapitta

**DOSE :** 1 tab twice a day

**PRESENTATION :** 10g, 50g bottle

**ADJUVANTS :** With jeera powder - Jwara, With Ghritha - Amlapitta



## KHADIRADI VATI



(Ref. Bhaishajya Ratnavali)

**INGREDIENTS** : Khadira, Jati, Karpura, Pooga, Kakkola, Phalaka.

**INDICATION** :  
Mukharoga, Jihwa roga, Talu roga.

**DOSE** : As directed by the physician.

**PRESENTATION** : 50g bottle

## KOSHATHAKYADI GULIKA

(Ref. Ashtanga Hrudayam)

**INGREDIENTS**: Koshathaki, Ajamoda, Pata, Sooryavalli, Guduchi, Hareetaki, Shelu, Kinihi, Shirisha, Haridra, Daruharidra, Swarnamaksheeka, Punarnava, Trikatu, Brihati, Sariva, Bala.

**INDICATION** : Visarpam, Psoriasis, Insect bite, Wasp bite, Acne Vulgaris, Dandruff, Visham, All types of Karappan (skin diseases of children), Infectious Fevers and other contagious diseases.

**DOSE** : 1 or 2 tab twice a day

**PRESENTATION** : 10g, 50g bottle

**ADJUVANTS** : Honey, Ghee + honey, With warm water



## MAHADHANWANTHARAM GULIKA



(Ref. Sahasrayogam)

**INGREDIENTS :** Shundi, Hareetaki, Jeerakadwayam, Elam, Kiratatiktham, Suradaru Rudraksham, Cheenoshanam, Kandivenna, Karpooram, Mrigarethas, Kumkumapooov, Kirathathikta etc.

**INDICATION :** Nervine tonic, Cough, Dyspnea, Hiccup, Burning micturition, Body pain, Heart diseases, Low BP. Advised in pregnant ladies.

**DOSE :** One tab twice a day

**PRESENTATION :** 25 pills box

**DIET & REGIMEN :** In pregnant ladies- Kashaya of jeeraka / bala / laghu panchamoola. In burning micturition - Kashaya of trikandaka, punarnava and prasarani.

## MAHAYOGARAJA GUGGULU

(Ref. Rasendra Sara Sangraham)

**INGREDIENTS :** Trikatu, Thriphala, Chaturjatha Pata, Sathahwa, Haridra, Daruharidra, Ajamoda, Vacha, Hingu, Thrivrit, Danti, Vida, Souvarchala, Saindhava, Pippali moola, Badaram, Devadaram, Haridra, Katuka, Murva, Thrayamana, Duralabha, Mrutha vanga, Yavani, Loha, Sarjaka, Thrikantaka, Rasna, Athivisha, Shunti, Yavakshara etc. Guggulu, Ghee

**INDICATION :** Katibhagna, Kushta, Kshatha, Gridhrasi, Sandhivatha, Kroshtuka sheershaka

**DOSE :** One tab twice a day

**PRESENTATION :** 50g bottle

**ADJUVANTS :** Maharasnadi kwatha, Thriphala kwatha, Daruharidra kashaya.



## MANASAMITRA VATAKAM

(Ref: Sahasrayogam)

**INGREDIENTS :** Swarna bhasmam, Rajatha bhasmam, Muktapishti, Pravala pishti, Tamra bhasmam , Kanmadam , Kumkumam, Bala, Nagabala, Shamkhu pushpam, Brahmi, Vacha, Chandanam, Raktha Chandanam.

**INDICATION :** Nervine tonic, Insanity, Epilepsy, Depression, Anxiety disorder, Herpes, Give strength to panchedriyas, Improves IQ, strengthen the nervous system.

**DOSE :** 1 tablet per day

**PRESENTATION :** 10 pills box

**ADJUVANT :** Cow's milk (25ml) + 1 teaspoon honey. Morning before food or at bedtime. Can be given continuously for 41 days, take a break for 1 month and repeat the course. In insomnia, Kanmada bhasmam can be added to above for more potency.



## PRABHAKARA VATI

(Ref. Bhaishajya ratnavali)

**INGREDIENTS :** Makshika, Lauha Bhasmam, Abhra Bhasmam, Vamshalochana, Shilajathu Bhavana with Arjuna twak kwatham

**INDICATION :** Hridroga / Cardio vascular Diseases, Cardiac insufficiency, Hypertension.

**DOSE :** 1 tab once or twice daily

**PRESENTATION :** 10g, 50g bottle

**ADJUVANTS :** Milk or warm water



## RAJAPRAVARTINI VATI

(Ref. Bhaishajya Ratnavali)

**INGREDIENTS :** Suddha Tankana, Suddha kaseesam, Kanya sara, Suddha Hingu, Danti, Guduchi, Trivrit, Ghruta

**INDICATION :** Amenorrhoea, Oligomenorrhoea, Dysmenorrhoea

**DOSE :** 1 - 2 tablets twice a day

**PRESENTATION :** 50g bottle

**ADJUVANT :** Warm water



## RASABHRA GUGGULU

(Ref. Bhaishajya Ratnavali)

**INGREDIENTS :** Suddha Parada, Loha bhasma, Suddha gandhaka, Abhra bhasma, Guggulu, Amrutha, Thriphala, Thrikatu, Dhantee, Indraravunee, Vidanga, Nagapushpa, Thrivrit.

**INDICATION :** Vatharaktha, Krimiroga, Ashmari, Bhagandhara, Gudabhramsa, Swetakushta, Kamala, Apachi .

**DOSE :** 1 pill twice a day

**PRESENTATION :** 50 g bottle



## SANKU VATI



(Ref. Bhaishajya ratnavali)

**INGREDIENTS :** Chinchā Kshara, Panchalavana, Nimbu Swarasa, Shankha Bhasmam, hingu, Shunti, Maricha, Pippali, vatsanabha, Gandhaka, Rasa.

**INDICATION :**  
Aruchi, Gastritis, Peptic Ulcers, Agnimandya.

**DOSE :** 150mg twice daily

**PRESENTATION :** 150mg x 10, 10g

**ADJUVANT :** Warm water

## YOGARAJA GUGGULU

(Ref. Bhaishajya ratnavali)

**INGREDIENTS:** Chithraka, Pippali moola, Yavani, Karinjeeraka, Vidanga, Ayamodaka, Jeeraka, Devatharam, Chavya, Ela, Saindhava, Kushta, Rasna, Gokshura, Dhanyaka, Thriphala, Mustha, Vyosha, Elavangam, Ramacham, Chavarkara, Thaleesapathra, Guggulu, Ghee.



**INDICATION :** Amavatha, Vatharaktha, Krimi-roga, Dushta vrana, Pleeha Gulma, Arshas, Sandhi Asthi Majjagatha Vatharoga.

**DOSE :** 1 pill twice a day

**PRESENTATION :** 50 g bottle

**ADJUVANTS :** Suitable Kashaya, Lasuna Swarasa, Honey

# PARPATI

## KSHARA PARPATI

(Ref. Sidha Prayoga Samgraha)

**INGREDIENTS:** Sooryakshara,  
Sphatika, Navasagara

**INDICATION :**  
Urinary calculi, Urinary Tract  
Disorders, Hyperpyrexia.

**DOSE :** 300mg x 2

**PRESENTATION :** 10g bottle

**ADJUVANT :** Suitable Kashayas,  
Brihatyadi, Punarnavadi etc



## RASA PARPATI

(Ref. Rasatarangini)

**INGREDIENTS :** Suddha Gandhaka,  
Suddha rasam

**INDICATION :** Grahani, Gulma,  
Kshaykasa, Jalodara, Athisara,  
Jwara.

**DOSE :** 250mg - 2, 2g

**ADJUVANTS :** Eranda moola kwatha,  
Ardra swarasa.



# SIDHESWARA PATENTS

## MAYOORA LEPAM

(FOR EXTERNAL USE ONLY)  
(Sidheswara patent)

**INGREDIENTS :** Ketaki Pathram  
[Pandanus odoratissimus roxb.] 0.45g  
Madhu (Honey) 1.80g  
Yasada bhasmam 0.75g  
Naga bhasmam 1.50g  
Rajatha bhasmam 0.03g  
Siktham [Bee wax] 1.50g  
Kera thailam [Coconut oil] 19.0g

**INDICATION :** Burns (Agnivranam)

**USAGE :** Apply directly on affected area.



## VICHARCHIKARI LEPAM



**Ayurvedic Anti fungal Cream**  
(Sidheswara patent)

**INGREDIENTS :** Purified Sulphur,  
Nimba tailam, Karanja tailam,  
Tuvarka tailam, Sugar.

**INDICATION :** Fungal infections of  
skin (axillaries, inframammary region,  
groin etc)

**USAGE :** Apply over the lesion and  
wash off with cool water after 1 hour.

**PRESENTATION :** 15g bottle.

**NOTE :** for external use only

## PISHTI

### MUKTASHUKTI PISHTI

(Ref. Ayurveda Prakasha)

INGREDIENTS: Mukta shukti

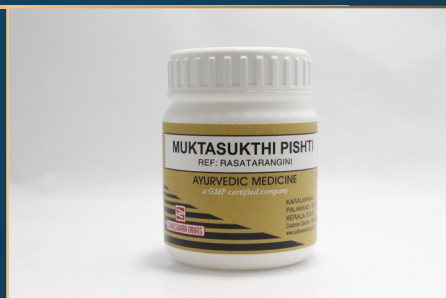
INDICATION :

Gastritis, Hyperacidity, cardiac Diseases, Splenomegaly, Urinary Calculi, Chest infections

DOSE : 250mg twice daily

PRESENTATION : 250mg x 10, 10g

ADJUVANT : Honey, Butter, milk



### PRAVALA PISHTI

(Ref. Rasatarangini)

INGREDIENTS : Purified Coral

INDICATION : Weakness of the brain, Spermaturia, Hyperacidity, Mouth ulcers, Urinary disorders .

DOSE : 250 - 400mg

PRESENTATION : 5g ,10g

ADJUVANTS : Honey, Milk, Ghee, Butter.



## ARKAM AND LAVANAM

### ARKA LAVANAM

**INGREDIENTS** : Arka patra, Saindhavam

**INDICATION** : Ajeernam, Aruchi, Malabandam,  
(Can be given in infants also)

**DOSE** : 1-3 grams

**PRESENTATION** : 10g bottle

**ADJUVANTS** : Warm water

### KALYANA KSHARAM

(Ref. Sahasrayogam)

**INGREDIENTS** : Thrikatu, Thriphala,  
Thripatu, Nagadanti, Bhallathaka,  
Chitraka, Eranda tailam, Gomoothra.

**INDICATION** : Udavatha, Srothobandha,  
Piles, Gulma, Pandu, Mahodara, Muthra  
krichra.

**DOSE** : 1g twice a day

**PRESENTATION** : 10g bottle

**ADJUVANTS** : Ghee, Masthu

## NALIKERA LAVANAM

---

(Ref. Yoga Ratnakaram)

INGREDIENTS : Nalikeram, Saindhavam

INDICATION : Digestive, Gastritis,  
Colic pains

DOSE : 1 - 3 g

PRESENTATION : 5g, 10g bottle

ADJUVANTS : Warm water

---



**SIDHESWARA  
DRUGS**

PHARMACEUTICAL DIVISION  
OF NECHIYIL AYURVEDA

**NECHIYIL AYURVEDA VAIDYASALA  
NECHIYIL AYURVEDA NURSING HOME  
NECHIYIL KALARI ACADEMY  
HERBAL FARMING**



Karalmanna P.O, Cherpulassery  
Palakkad (Dist), Kerala - 679506



0466 - 2281540 (OFFICE)



+91 6235867883



[www.sidheswaradrugs.com](http://www.sidheswaradrugs.com)  
[www.nechiylayurveda.com](http://www.nechiylayurveda.com)



[snechiyl@gmail.com](mailto:snechiyl@gmail.com)  
[sidheswaradrugs2016@gmail.com](mailto:sidheswaradrugs2016@gmail.com)



sidhe\_shwara